

ABOUT THE PARTNER ORGANIZATIONS

Life with Cancer - The mission of Life with Cancer is to enhance the quality of life of those affected by cancer by providing education, information and support. All programs are provided free of charge. www.lifewithcancer.org

The Leukemia and Lymphoma Society (LLS) is the world's largest voluntary health organization dedicated to funding blood cancer research, education, and patient services. Information Resource Center, 1-800-955-4572 (latest disease, treatment and clinical trial information). www.lls.org/nca

DC Candlelighters provides emotional, educational, financial and practical support for families in the Washington, DC metro area fighting childhood cancer. An affiliate of Candlelighters Childhood Cancer Foundation, DC Candlelighters is a 501(c)3 nonprofit organization run by volunteers. www.dccandlelighters.org

Special Love, Inc. sponsors week-long and weekend camps and retreats for children, teens and young adults with cancer and their families in the Mid-Atlantic region. Camp Fantastic (for patients), BRASS Camp (for brothers and sisters), and YAC (for young adults) give children, young adults and parents a community of support made of people who can share their experience and compassion. www.speciallove.org.

Growing Hope provides non-medical support for children in treatment for cancer in Northern Virginia and their families. Services include outings, holiday parties, educational materials, financial assistance, scholarships, a family picnic, pizza and birthday parties to break the stress and boredom of treatment. Growing Hope is a 501(c)3 nonprofit with no paid staff.

John Quadrino Foundation provides financial assistance to families of children with cancer throughout the DC Region and has supported the Life with Cancer Survivorship events with college scholarships since 2006.

Elsie and Marvin Dekelboum Family Foundation provides support to numerous local and national organizations in health care, education, and the arts.

Hospital Partners:

Inova Fairfax Hospital for Children & Inova Cancer Services

MedStar Georgetown University Hospital/Lombardi Comprehensive Cancer Center

Children's National Medical Center

George Washington Cancer Institute/George Washington University

Life with Cancer™ Presents the
Elsie and Marvin Dekelboum Family Foundation

I'm Cured ... Now What? A Conference for Teen and Young Adult Survivors of Childhood Cancer



Saturday, July 28, 2012

8:15 a.m. - 4:30 p.m.

Life with Cancer Family Center

8411 Pennell Street, Fairfax, VA 22031

Register online at www.lifewithcancer.org



ABOUT THIS EVENT

The 7th Annual Life with Cancer™ “I’m Cured...Now What?” conference focuses on medical and psychosocial concerns facing teens and young adults after treatment for childhood cancer. The purpose is to provide information on the long term effects of treatment and other issues so that survivors will be better able to advocate for themselves and lead healthy and productive lives.

We wish to thank The Elsie and Marvin Dekelboum Family Foundation for their generous support for this event and all Life with Cancer children’s programs.

• LEARN ABOUT

Late effects
Insurance, Legal, and Transition Issues
Complementary Therapies, Art Therapy and Music Therapy
Nutrition and Exercise
Psychological Implications of Survivorship
Resources for College & Career Planning

• TRY

Laughter Yoga
Reiki and Massage



• SHARE COMMON CONCERNS

For Survivors - Sexuality, dating, and disclosure
For Parents - Empowering and letting go

• INTERACT WITH

Experts in Long Term Follow up Care

• NETWORK WITH OTHERS

REGISTRATION FORM

Deadline for Registration is 7-24-12.

(Online registration is available at www.lifewithcancer.org after 6/15)

Are you a cancer survivor? ☐ Yes ☐ No
Are you a parent/guardian? ☐ Yes ☐ No
Other relationship to cancer survivor _____

Survivor Name _____

Address _____

E-mail _____

Parent (s) Name _____

Address _____

E-mail _____

Number in family attending conference _____

2:30 Breakout Session (please number 1st, 2nd, 3rd choices)

Survivor Parent(s)

- | | |
|--------------------------|---|
| ☐ | ☐ College or Career Planning/Tips Resume Writing |
| ☐ | ☐ Music Therapy, Art Therapy, Laughter Yoga |
| ☐ | ☐ Reiki & Massage (space limited to 20) |

Are you interested in a scholarship application? ☐ Yes ☐ No
(If yes, an application will be sent to you)

Deadline for submission of Scholarship application is 7-15-12.

Do you need a ride to Metro? ☐ Yes ☐ No
(If yes, volunteer drivers are available)

Would you like a vegetarian lunch? ☐ Yes ☐ No
If yes, how many? _____

Please mail this form to Life with Cancer
8411 Pennell Street · Fairfax, VA 22031
or fax to 703-531-1597

Online registration is available at www.lifewithcancer.org after June 15th.
For more information call Connie Connor, at 703-531-1515
or email constance.connor@inova.org.

ABOUT THE SPEAKERS

Aziza Shad, MD, Director, Georgetown University Division of Pediatric Hematology/Oncology Blood & Marrow Transplantation, Lombardi Cancer Center. Her work in pediatric cancer research and clinical treatment spans over 25 years and several continents. In 2003, she founded the Pediatric Cancer Survivorship Clinic at Georgetown. As Director of the International Network for Cancer Treatment and Research USA, she works to improve cancer survival rates of children in Africa, the Middle East, Asia and Latin America, educating oncologists and nurses, and establishing pediatric palliative care. Dr. Shad is consistently listed one of Washingtonian Magazine 'Top Docs' and has received the 2007 GRAVITAS Award for Outstanding Humanitarian Work.

Kate Shafer, MSW, LICSW, Patient Navigator, George Washington Cancer Institute, *Thriving After Cancer* program for adult survivors of childhood cancer. She is a licensed clinical social worker with more than 20 years experience in pediatric oncology, patient advocacy, and legislative affairs. Kate formerly worked at Children's National Medical Center, Georgetown Hospital, the National Cancer Institute, and CureSearch, as director of advocacy. She is also past President of APOSW.

Amanda Thompson, PhD, Pediatric Psychologist, Center for Cancer and Blood Disorders, Children's National Medical Center, Assistant Professor of Pediatrics at GW University, provides services to children with cancer throughout treatment, has research/clinical interest in survivorship, and participates in two long term follow up clinics. She is a frequent presenter at national meetings and has several publications focusing on social/emotional quality of life after treatment.

David McGinness, MSW, LCSW, Licensed Clinical Social worker with almost twenty years experience in health and mental health. As Hispanic Program Coordinator at Life with Cancer, he facilitates Spanish-language cancer support groups at Life with Cancer Center and in Alexandria and provides outpatient oncology counseling in English.

Lisa Tignor, the mother of two ALL survivors, has been active in the childhood cancer community over 14 years first as state coordinator of the Childhood Cancer Awareness Quilt and later as national coordinator. She co-founded DC Candlelighters, serving as President since 2007. Has co-led "Pediatric Oncology Parent Night" at Life with Cancer since 2005 and is on the board of Growing Hope.

Alma Morgan, M.Ed., Educational Consultant, Virginia Commonwealth University, Pediatric Oncology. Visits over 90 schools/year developing educational plans for children transitioning back to school. She helped develop the Leukemia and Lymphoma Society's national publication "Learning & Living with Cancer: Advocating for Your Child's Educational Needs" and is a frequent speaker.

Clarissa Karlsson, MT-BC, Music Therapist, Gabrielle's Music Therapy Program, Children's National Medical Ctr. She also created music therapy programs at Pennsylvania Psychiatric Institute for adolescents/young adults, at a juvenile detention center, and drum circles for youth in a homeless shelter. She has degrees in cello and music therapy.

Jean McCaw, MA, ATR-BC, is a registered and board certified art therapist with more than 20 years experience with children, teens and families. She managed a large hospice Child and Adolescent Program and was formerly in private practice. Through Life with Cancer and Tracy's Kids Foundation, Jean conducts children & teens art therapy programs and co-leads support groups for children and teens affected by cancer.

Jenn Faye, is a registered yoga teacher, Yoga Alliance, and received certification for gentle yoga, cardiac yoga, and laughter yoga through the Integral Yoga Institute. Jenn is also a licensed spiritual coach through the Centers for Spiritual Living and a Yoga instructor at Life with Cancer.

MORE ABOUT THIS EVENT

• WIN A COLLEGE SCHOLARSHIP!

Nineteen \$1000 college scholarships will be awarded at the conference. To be eligible, you must be a childhood cancer survivor diagnosed before age 18, a high school graduate currently enrolled or accepted at a two or four year college, vocational, or graduate school, and a *first time recipient*. Request an application on the registration form or online. Scholarships provided by *Growing Hope* (N. VA treated only), *Special Love, Inc.*, the *Quadrino Foundation*, *DC Candlelighters*, & the *Dekelboun Family Foundation*.

• APPROPRIATE AUDIENCE & ATTIRE

This conference is for **teen** (16 and over) and **young adult survivors of childhood cancer** (on or off treatment), their parents or guardians. Casual attire.

• COST AND BENEFITS

The Conference is **free** of charge. **Breakfast and lunch provided.** Each survivor will receive *The Next Step: Crossing the Bridge to Survivorship* by Dr. Aziza Shad; *TWICE: How I Became a Cancer-Slaying Super Man Before I Turned 21*, by Ben Rubenstein; and the 2010 *Legal Handbook for Cancer Survivors*.

SPACE IS LIMITED & REGISTRATION IS REQUIRED.

Register at www.lifewithcancer.org

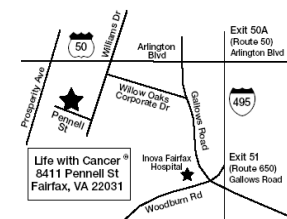
or contact **Connie Connor, LCSW** at 703-531-1515

constance.connor@inova.org

CONFERENCE LOCATION AND PARKING

Metro Accessible: Dunn Loring Station

Dewberry Life with Cancer
Family Center
8411 Pennell Street · Fairfax, VA 22031
703-698-2526
www.lifewithcancer.org
Ample Free Parking



CONFERENCE AGENDA - MORNING

- 8:15 - 8:45 REGISTRATION AND BREAKFAST**
- 8:45 - 9:00 WELCOME AND OPENING REMARKS**
Constance Connor, LCSW, Pediatric Oncology Counselor, Life with Cancer, Inova Cancer Services
- 9:00 - 10:15 KEYNOTE ADDRESS:**
Surviving and Thriving: Overview of Late Effects and Long Term Health
Aziza Shad, MD, Director, Division of Pediatric Hematology/Oncology, Blood & Marrow Transplantation, Lombardi Comprehensive Cancer Center, MedStar Georgetown University Hospital
- 10:15 - 11:00 Transitions in Survivorship: Health Care Decisions, Insurance, Legal Issues**
Kate Shafer, LICSW, Thriving After Cancer (TAC) Program, George Washington Cancer Institute
- 11:00 - 11:10 BREAK**
- 11:10 - 12:15 Survivor Panel: Coping with Late Effects, Surviving and Moving Forward**
Respondents: Long Term Follow-up Clinic "Experts," Children's National Medical Center, Georgetown, GW Hospital Center
- 12:15 - 1:00 LUNCH & RESOURCE FAIR "Meet the Experts"**
- Dr. Aziza Shad, author, *The Next Step: Crossing the Bridge to Survivorship*
 - Ben Rubenstein, survivor/author, *TWICE: How I Became a Cancer-Slaying Super Man Before I Turned 21*
 - Nurse Coordinators & Clinical Staff, Washington area Long Term Follow-up Clinics

CONFERENCE AGENDA - AFTERNOON

- 1:00 - 2:15 BREAKOUT SESSIONS - CHOOSE ONE**
- A. For Parents:**
Survivorship - Letting Go & Empowering Your Young Adult
Lisa Tignor, President, DC Metro Candlelighters
Constance Connor, LCSW, Life with Cancer
- B. For Survivors:**
Fitting in, Finding My Way in Personal Relationships, Sexuality, Intimacy, Dating, and Disclosure
Amanda Thompson, PhD, Psychologist, Children's National Medical Center
David McGinness, LCSW, Oncology Counselor, Life with Cancer, Inova Cancer Services
- 2:15 - 3:30 BREAKOUT SESSIONS - CHOOSE ONE**
- 1. De-Stress with Music Therapy, Art Therapy and Laughter Yoga**
Clarissa Karlsson, MT-BC, Children's National Medical Center
Jean McCaw, MA, ATR-BC, Life with Cancer
Jenn Faye, RYT, Yoga Alliance & Life with Cancer
 - 2. College & Career Planning, Resume Writing**
Alma Morgan, M.Ed., Educational Consultant, Virginia Commonwealth University Hospital
 - 3. Experience Reiki & Massage**
Life with Cancer Certified Reiki and Massage Practitioners
- 3:30 - 3:45 BREAK**
- 3:45 - 4:15 SCHOLARSHIP AWARDS**
- 4:15 - 4:30 CLOSING REMARKS & EVALUATIONS**