

INTEGRATIVE ONCOLOGY INTEGRATION: GOAL DEVELOPMENT

This worksheet is designed to help formulate your goals as you work toward implementing integrative modalities at your home institution. The goals should be SMART (specific, measurable, attainable, relevant, and time-bound). We will be following up at 3 months, 6 months, and 12 months following this training.

Training Goal	Activity	Target Date(s)	Resources Needed/ Involvement of others
Example A: <i>To identify two integrative interventions I want to implement</i>	<ol style="list-style-type: none"> 1. Review materials from conference 2. Assess the most common patient needs I encounter 3. Schedule time to try a few interventions myself 4. Set up time to discuss with leadership 	<ol style="list-style-type: none"> 1. Within 1 month post conference. 2. Within 1 month post conference. 3. Within 2 months post conference. 4. 	<ol style="list-style-type: none"> 1. Leadership support. 2. Ask friend to practice with. 3. Schedule time in my calendar.
Example B: <i>To prepare for implementation</i>	<ol style="list-style-type: none"> 1. Assess resources needed 2. Review case load and identify patients to introduce the intervention to. 3. Prepare physical materials for intervention 	<ol style="list-style-type: none"> 1. Within 2 months post conference. 2. 3. 	<ol style="list-style-type: none"> 1. Physical materials if needed for intervention 2. 3.
1.			
2.			
3.			